

TOP 5 STUDY SKILLS HABITS FOR STUDENTS



DR PRUE SALTER

In the Zoom session on Tuesday 16th August 2023 @ 5.30-7pm Dr Salter will give parents and students an overview of the top 5 study skills habits for success and show families where they can further develop the skills outlined using the Study Skills Handbook website.

- The session will be of most value if students and parents watch the Zoom session TOGETHER.
- Families will be able to download ALL of the slides after the session. Password given out at the end of the session.
- Students are encouraged to complete the next 2 self-evaluation pages PRIOR to the session.

Use the following to complete the next two pages.

5. All of the time
4. Most of the time
3. Some of the time
2. A bit of the time
1. Never

TOP 5 STUDY SKILLS HABITS FOR STUDENTS

Want to develop great habits for learning? Here's what you need to do:

1. ENGAGE

Don't just be a bystander, instead be an active participant in your own learning, taking responsibility for what you need to do to achieve your academic best.

This means:

- You involve yourself in all of your lessons, staying on task, participating in discussions and trying to absorb as much as you can during your classes (and that means less to learn later).
- You complete all of the set work for your subjects (your teacher gives you this for a reason) and you try and keep up to date in this work.
- You seek help on anything you don't understand or can't do. This might be from a teacher, a friend, online sources, additional books or study guides. You also do this nice and early, you don't let the problems pile up.

2. ORGANISE

Being organised means that you can find things when you need them, you don't forget about work to be done and you don't have last minute panics. Much less stressful.

This means:

- You complete an appropriate amount of home learning most nights and do more than just the set schoolwork.
- You have a good afternoon routine or plan of working that ensures you work efficiently and effectively at home, doing enough schoolwork and managing your distractions.
- When you are given an assessment task you make a plan for when you will do the work for this task and you adjust the plan along the way as things change.

3. STUDY SMART

Many students are incredibly ineffective in the way they study. They just stare into their books hoping what they need to learn will magically jump into their heads. If you aren't doing it yet, then it is time to study smart.

This means:

- You test yourself over and over on the material you need to be able to recall in exams. You don't just read it and hope you will be able to remember it.
- You then check for understanding, are you able to apply the information you have in your head to different types of questions? To do this you do as many practice questions and past examination papers as you can. You get hold of as many different questions as possible to do as practise.

You do these past papers under examination conditions! This means that you stick to the time limits and don't look at notes or answers until the end. This gives you a reality check about your performance and helps you rehearse for the time pressure of exams. You use these practise papers as a tool to help you pinpoint areas of weakness that you then address.

4. THINK AHEAD

Part of 'stepping up' is that you don't just wait for someone to tell you to do something. You think ahead and work strategically.

This means:

You do independent learning, working on areas you find difficult, doing extra practise questions, making study notes, reviewing earlier work, using study guides.

If you know there will be exams (and there are always exams) then don't wait until exam time to get your act together. You make your study notes as you go. (Every time you finish a topic make study notes for that topic and file it away at home.)

You keep improving and condensing your notes throughout the year and get caught up in school holidays.

5. STRIVE FOR EXCELLENCE

You want to be able to differentiate yourself from all of the other students, so think what you can do to make your work stand out from the crowd.

This means:

You take the time to be thorough when working on essays and assignments. This means lots of planning and brainstorming to start and then multiple drafts over a period of time for editing and proofing (it's good to give the subconscious time to process and evaluate between drafts).

You look for additional source material, you read widely and you do more than what is asked of you. But you ensure that in specific tasks you are focused on answering the question and providing depth to your response.

You make the most of any feedback you are given (either along the way or after the task) to make adjustments to your approach to your work to improve your outcomes.

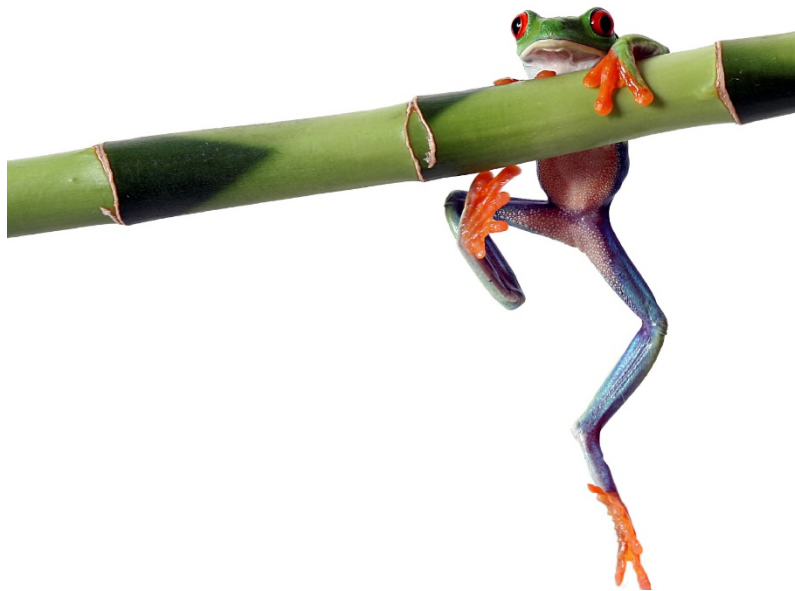


 **Enhanced Learning
Educational Services**
"the study skills specialist"

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Don't really know how to study properly? Can't manage your time or your distractions? Struggling to hold on and stay on top of everything? Looking for advanced techniques to give you the edge?



Time to visit www.studyskillshandbook.com.au and fine-tune your learning skills.

By working through the units on the Study Skills Handbook site as well as the video lessons in the Study Samurai Library section you will learn skills and techniques to help you complete your work for school more effectively and improve your academic results, helping you move towards your personal best at school and beyond.

username: oloughlin

password: 70success

Great news!

Your school is a subscriber to the ELES Online Study Skills Handbook.

That means that you get full access all year to all the study skills units listed on the right.

This site will help you improve in the areas where your skills may be weak – such as in time management, study notes or even how to deal with distractions.

You can ask questions, see how other students handle issues for school, print grids and templates for planning, ask questions and much more.

Make sure you check out **THINGS TO PRINT** at the top when you log in for term planners, weekly planners and other handouts & **MORE > HIGHLIGHTS**

AT HOME UNITS

1. Home Study Environment*
(has section on ergonomics)
2. Organisation and Filing
3. Time Management Skills*
(independent learning)
4. Managing Workload*
(how to use diary video)
5. Dealing with Distractions*
(blocking software)
6. Overcoming Procrastination
7. Developing Motivation
8. Goal Setting
9. Lifestyle and Balance*
(sleep information)
10. Managing Stress

AT SCHOOL UNITS

1. Will we ever use this?
2. Using Classtime
3. Asking for Help
4. Dealing with Conflict
5. Groupwork Skills

SPECIFIC SKILLS UNITS

1. Reading Skills
2. Writing Skills*
(includes improving handwriting tips and pens)
3. Mathematical Skills
4. Science Skills
5. Foreign Language Skills
6. Assignment Skills
7. Research Skills
8. Presentation Skills

STUDYING UNITS

1. Summarising*
(all about study notes, mind maps, lots of examples in the section 'how can I improve my notes')
2. Active Studying*
(lots of different study techniques)
3. Preparing for Exam Blocks
4. Test-Taking Techniques
5. After Tests & Exams

EXTRA 'GENERAL' MINI-UNITS

1. Starting Secondary School*
2. Becoming a Senior Student*
3. Bullying: Issues & Strategies
4. Managing Part-Time Jobs
5. Your Brain and Memory*
(advanced memory techniques and brain information)
6. Live Your Best Life
7. Educational Kinesiology
8. Living Across 2 Houses*
9. Travel: Motivator to Learn
10. Uni: A New Adventure

EXTRA 'TECHNOLOGY' MINI-UNITS

1. Technology Tools*
(has links to free learn touch typing websites)
2. Basic Computer Skills
3. Be CyberSmart
4. Useful Apps iPads, Android
5. Microsoft OneNote

We encourage all students to take advantage of this opportunity to further develop their study skills abilities through this online resource.

TO ACCESS ALL SLIDES FROM THE ZOOM PRESENTATION

Go to: www.enhanced-learning.net

Click on Students and Parents then

7. Download slides (Habits)

Password given out at the end of the session

PASSWORD:

You have 4 weeks to download and save the slides.

Note: Access to the Study Skills Handbook site is ongoing.

What do you want to do, remember, or implement from the session? Use the action plan below to record the ideas you are interested in.

ACTION PLAN

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